## WHAT IS CLAIMED IS:

of the patient.

1	<ol> <li>A procedure for therapeutic treatment of human and animal</li> </ol>
2	tisues comprising the steps of:
3	identifying the tissue to be treated;
4	sandwiching the identified tissue between one or more pairs of
5	opposed emitter pads in contact with the skin; and
6	applying a biphasic faradic pulse sequence to the pairs of emitter pads
7	to stimulate deep layered muscle contractions in the identified tissues.
1	2. A procedure according to claim 1, said biphasic faradic pulse
2	having a waveform with a duty cycle of approximately a 1.5 seconds on and
3	1.5 seconds off.
1	3. A procedure according to claim 1, said biphasic faradic pulse
2	having a waveform with a repetition frequency of approximately 57 Hz.
1	4. A procedure according to claim 1, said biphasic faradic pulse
2	having a waveform with a pulse width of approximately 110 microseconds.
1	5. A procedure according to claim 1 further comprising the steps
2	of:
3	setting the intensity of the biphasic pulse sequence at an initial level;
4	and
5	incrementally increasing the intensity in response to the tolerance level